# ADULT EMPTY HAND KATA (BLACK) 1ST & 2ND DAN

JUDGES NAME:……..

| NAME/CLUB/COUNTRY | ETIQUETTE<br>Appearance/Attitude/<br>Introduction of Kata | TECHNICAL ABILITY/DIFFICULTY<br>Good demonstration of:<br>Power/Speed/Timing/Balance | STYLE/FLARE & VIABILITY<br>Would the application work? | **TOTAL MARKS** |
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# ADULT EMPTY HAND KATA (BLACK) 3RD DAN +

JUDGES NAME:……..

| NAME/CLUB/COUNTRY | ETIQUETTE<br>Appearance/Attitude etc. | TECHNICAL ABILITY/DIFFICULTY<br>Good demonstration of:<br>Power/Speed/Timing/Balance | STYLE/FLARE & VIABILITY<br>Would the application work? | **TOTAL MARKS** |
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